

Prader Willi Syndrome

Annie Smartt

What is Prader Willi Syndrome

- Uncommon genetic condition
- Caused by absence of segment 11-13 on chromosome 15
- Characterized by mental retardation, hypotonia, short stature, hyperphagia, hypogonadism, obesity
- **■** 1/10,000 − 1/30,000



Classical Diagnosis

Consensus Diagnostic Criteria

- Neonatal/infantile hypotonia with poor suck
- Feeding problems
- Onset of rapid weight gain causing central obesity
- Hyperphagia
- Characteristic facial features
- Hypogonadism delayed puberty, infertility
- Developmental delay/ learning disabilities

Examples















Manifestations

- Obesity = greatest problem to health
- Diabetes
- Skin problems e.g. chronic edema
- Behavioral and Psychiatric problems:
 - Temper tantrums
 - Stubbornness
 - Manipulative Behaviors



Treatment Options



- Feeding techniques
- Physical Therapy
- Low calorie diet/exercise plan
- Human Growth Hormone
- Serotonin reuptake inhibitors



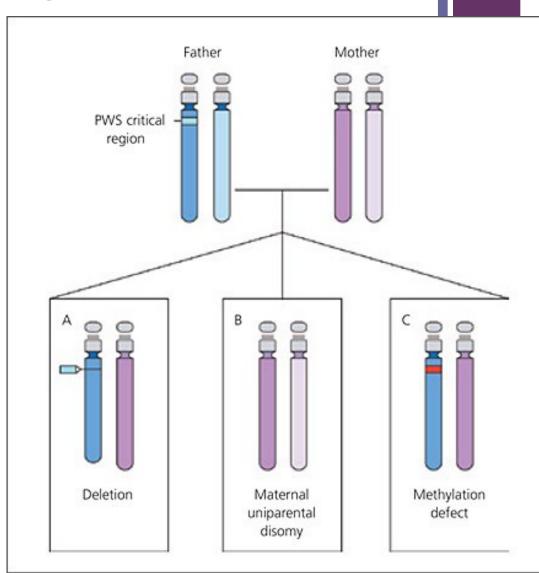
Genetic Explanation

- Epigenetics: modification of activation of certain genes but not basic structure of DNA
- Genomic Imprinting: preferential expression of a gene from only one of the two parental alleles
- Not Mendelian Genetics
- PWS caused from loss of paternally inherited genes on chromosome 15q11.2-q13

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Genetics Continued

- Causes of Prader Willi
 - 70% Deletion of paternal chromosome 15
 - 29% Maternal Uniparental disomy
 - 1% Imprinting defect





Even More Genetics

Explanation

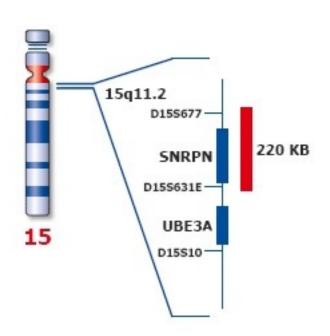
- Random genetic changes not usually inherited
- No predisposition
- Parents unaffected
- Risk to sibling based on underlying cause of lack of expression
- Complete penetrance

Better Diagnostics

- Molecular Genetic Testing
- Methylation analysis
- FISH
- Uniparental Disomy studies

+ Better Therapies?

- Not at this time
- Irreversible condition
- Studies manifestations not cause
- Prenatal diagnoses





Resources

- Gene Reviews, Prader Willi Syndrome
- Medline Plus, Prader Willi
- OMIM, Prader Willi Syndrome
- Diseases Associated with Imprinted Genes
- NCBI
- Genetics Home Reference